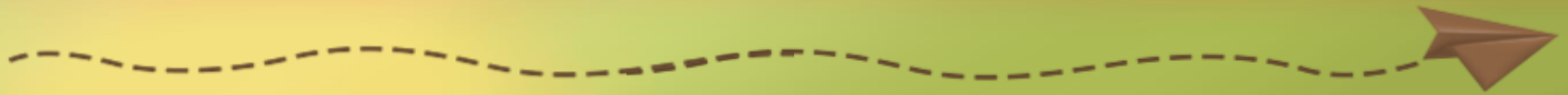


“And awaaaay we go!”

Field Trips for Fun and Respite



Rena Price, Local Family Caregiver
1 November 2025

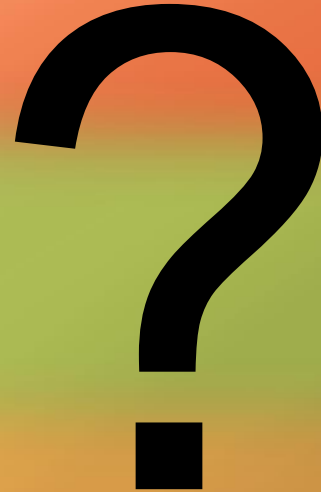
My Background

- Homeschooler
- Father with Alzheimer's Disease
- Lifelong Learner with a Curious Mind



What Qualifies a Field Trip as “Fun and Respite”?

- Break from routine
- Of interest to both parties
- Activities organized by someone else
- Free or low-cost
- You can choose to attend, or use the time for yourself while someone else takes over



Terry

Interests:

Bookstores

Libraries

Museums

Adventures!



TERRY



Nelson

Interests:

Art

Plants

Mischief

Living his best life!



nelson



Lynn, my Mom

Interests:

Classical Music

Books

Thriftng

Daisy

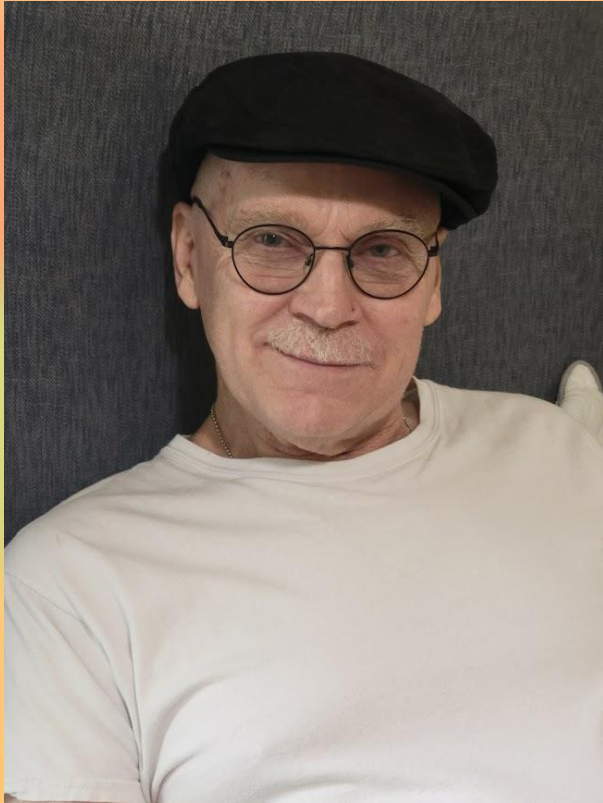
The Chiefs!



Pictures of Lynn



Kipp...my Dad...source of title of this presentation



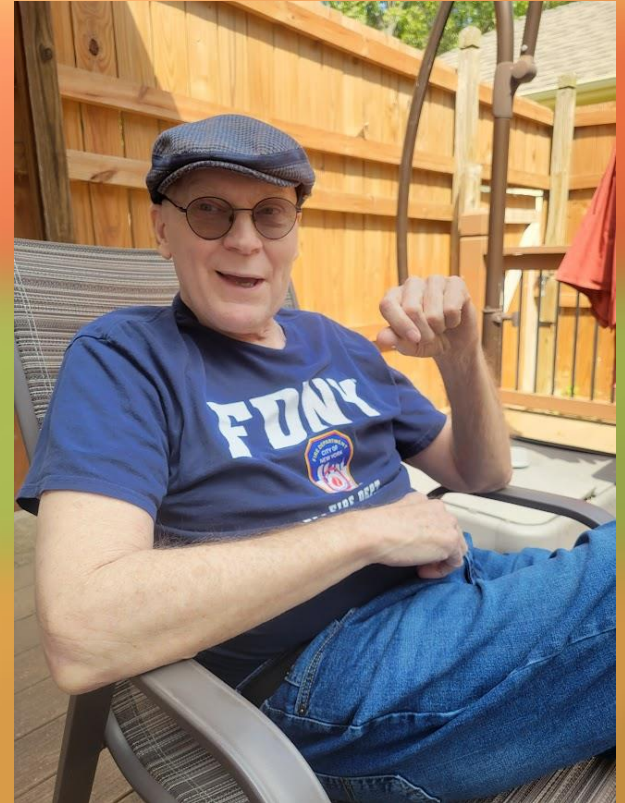
Interests:

Music

People

Volunteer Projects

**Anything with
people!**



DAD



Field Trips for Fun and Respite

Break from routine

Of interest to both of us

Activities organized by someone else

Free or low-cost

“And awaaay we go!”



Help Build a Shared Field Trip Spreadsheet!

Site Name	Address	Website	Category	Admission Cost?	Notes
Anita B Gorman Discovery Center	4750 Troost Avenue KCMO 64110	https://mdc.mo.gov/discover-nature/places/anita-b-gorman-conservation-discovery-center	nature center	NO	PP2025
Thomas Hart Benton Home and Studio	3616 Belleview Avenue KCMO 64111	https://www.mostateparks.com/historic-site/thomas-hart-benton-home-and-studio-state-historic-site	historic site	YES	PP2025
Kemper Museum of Contemporary Art	4420 Warwick Blvd KCMO 64111	https://www.kemperart.org/	art museum	NO	scavenger hunt available, restaurant on-site
Dividing Lines: A History of Segregation in Kansas City	city-wide tour	https://voicemap.me/tour/kansas-city	history	NO, just gas for the car!	self-guided driving tour; this website offers other tours as well
Alzheimer's/Dementia Jam Sessions	Central Resource Library 9875 W 87th St OPKS 66212	https://www.alz.org/kansascity/support/support-for-the-person-with-alzheimer-s-or-another-dementia	live folk/rock music	NO	3rd Thursdays, usually at 2:30 pm
Story Connections	National Museum of Toys/Miniatures 5235 Oak KCMO 64112	https://toyandminiaturemuseum.org/events/story-connections/	toy museum	not for this program	even-numbered months; program for those experiencing memory loss and their caregivers
Brown Bag Concerts	Westport Presbyterian Church 201 Westport Rd KCMO 64111	https://wcakc.org/events/brown-bag-concerts/	classical music	NO	monthly, usually on 3rd Friday